

Lyndhurst u3a

NEWS – October 2026

Coming Up ...

Get
Involved!

As autumn settles across the New Forest, the heathland turns rich with colour, the ancient woods take on their golden hues, and there is a special beauty in the crisp mornings and shorter days. Like the changing seasons around us, our u3a continues to offer opportunities to learn, share experiences and enjoy good company. We hope you will be inspired to make the most of the activities and help organise more!

NEXT MEETING

Wednesday October 14th, 2:30pm (doors open 2:15pm)

"The Health of our Spine" – with James Elsworth

James will be talking about how best to keep active and independent. Useful advice for spinal health. Followed by refreshments

Does anyone have an idea for another interesting Day Out?

Following the success of the Houses of Parliament visit, Cream Tea and Summer BBQ this summer, please share any ideas for another Day Out or new Activity!

Email lyndhurstu3a@outlook.com or speak to one of the Committee members.

Some ideas:-

- Winchester College has offered a guided tour
- A trip to view the Bayeux Tapestry, British Museum, London – Spring '27
- Christmas Event & Tour – The Hovercraft Museum, Lee-on-the-Solent

U3a Getaways

The national u3a has teamed up with The UK Holiday Group to offer u3a Getaways specialising in short stay holidays for u3a members.

Take a look at their web site at this [link](#) to see what is on offer....



"u3a Matters" – the latest edition of the national u3a magazine can be found on-line here – [u3a matters.](#)

Fancy a visit to the theatre?

The musical **Cats** is at the Mayflower on Wednesday March 31st 2027 at 2pm, £49

If you are interested in going please email lyndhurstu3a@outlook.com

Or perhaps

Home, I'm Darling by Laura Wade at The Vernon Theatre Lyndhurst – 29/30/31 October at 19:30. – [click here for more details](#)



Get in the Autumn Spirit! –

why not

Visit the **Pumpkin Time display**, Farm Shop and Café at Sunnyfields Farm, Jacobs Gutter Lane. For more detail..... (charges may apply)

[Sunnyfields Farm – Farm Shop & Pumpkin Time Event](#)

or



Follow the **Lyndhurst Scarecrow Trail**.....

10th –11th October

Check out the autumn colours around the forest....



The New Forest Walking Festival – October 17th for two weeks

Lots of guided walks offered including:-

- 17th October – Getting to know Fungi
- 17th October – The Ghost of Rufus, Murder, Magic and Mystery
- 20th October – Tall Trees Arboretum walk – Forestry England
- 27th October – An autumn stroll with a Forest England Ranger



To name just a few of the 38 offered over the fortnight!

For more information – [New Forest Walking Festival – New Forest National Park](#)



Lunch Club – Christmas Booking

It is early to be thinking about Christmas already! But the Christmas Lunch has been booked at La Pergola for Noon, Tuesday 15th December. Reservations required with Carole or Betty.



See the web site for the autumn lunch dates and venues.

[Lunch Club – Lyndhurst & District](#)



Follow the new Lyndhurst u3a Facebook Group

<https://www.facebook.com/groups/lyndhurstu3a/>

Check out the new Facebook Group for Lyndhurst u3a, Follow, Like and Share posts with your contacts.

WHAT'S ON...

Date/Time	Group	Activity	Venue
Friday 2nd October;	Cycling	Off road ride (10-15miles) in the Forest followed by refreshments.	Contact us here to book
Monday 5 th October; 2pm	Bridge	We will be playing social Bridge – basic bridge knowledge required, all can benefit from improving in a friendly environment....	The Stag Hotel
Tuesday 6 th October; 2-5pm	Play Reading	Small friendly group – new members welcome.	Lyndhurst Com Centre
Wednesday 7th October 2pm	Mahjong	Join the game – no experience necessary. All welcome. £5 incl a drink	Lyndhurst Working Men's Club
Thursday 8 th October; 2:30pm	French Conversation	Join us for friendly French conversation practice.	Lyndhurst Community Centre
Thursday 8 th October; 10:30am	Bake Club	This month we will be creating to the theme ...“Red” – hosted by Mary	Members home Contact Us
Wednesday 14 th October; 2:30pm	Monthly Meeting	“Health of our Spine” with James Elsworth followed by refreshments.	Lyndhurst Community Centre
Thursday 15 th October;	Cycling	Off road ride (10-15miles) in the Forest followed by refreshments.	Contact us here to book
Monday 19 th October; 2pm	Bridge	We will be playing social Bridge – basic bridge knowledge required, all can benefit from improving in a friendly environment....	The Stag Hotel
Tuesday 20 th October, Noon,	Lunch Club	Join for a convivial luncheon, venue – New Forest Fish & Chips, Lyndhurst. Please confirm your booking with Carole/Betty (Mob 07717 767997)	Contact Us to book
Wednesday 21st October;	Gardening Group	The Gardening Group will be meeting in two members' gardens and discussing what has done well (or not) over this hot summer.	Members homes
Wednesday 21 st October 2pm	Mahjong	Join the game – no experience necessary. All welcome. £5 incl a drink	Lyndhurst Working Men's Club
Thursday 22nd October 2:30pm	French Conversation	Join us for friendly French conversation practice.	Lyndhurst Community Centre
Wednesday 28 th October 2pm	Mahjong	Join the game – no experience necessary. All welcome. £5 incl a drink	Lyndhurst Working Men's Club

**** PLEASE NOTE THAT TO EMAIL THROUGH THE LYNDHURST U3A WEB SITE SELECT THE COMMITTEE MEMBER OR OTHER CONTACT YOU WISH TO EMAIL [UNDERLINED IN BLUE](#) TO GO TO A SECURE CONTACT FORM.**